



TRANSFORM YOUR TEAM AND ORGANIZATION!

Where People Come First

We help organizations transform their workplace culture, wellbeing and expand their leadership through soft skills development.



About

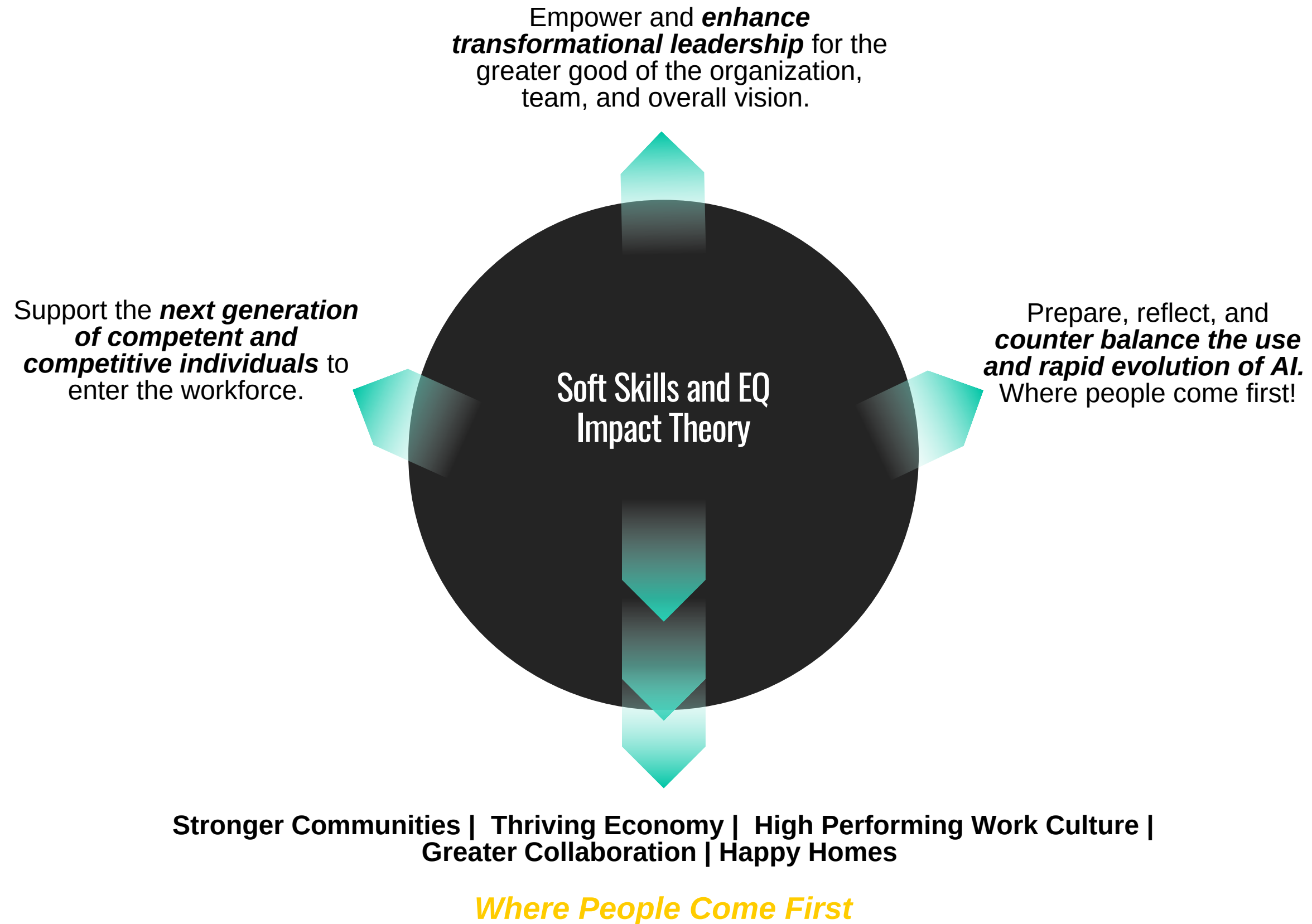
Rise Up For You works with clients around the world to enhance company leadership, growth, and overall development through transformational coaching, training, on-demand learning, and educational events.

Our mission is to elevate you, your organizations and your team's potential by providing high-quality training and coaching in soft skills- the most needed skills today and in the future. Make our superpower your superpower! Elevate your leadership, emotional intelligence, communication, confidence, success, and more.

Rise Up For You has global reach in North America, MENA, and Europe



Our Impact Theory





Our Values

Integrity

Staying true to our values, morals, and ethics. Rise Up For You will always maintain the highest integrity and takes pride in maintaining the highest principles both professionally and personally.

Commitment

Unwavering dedication to our mission and the people we serve. It means persistently pursuing excellence and going the extra mile to empower and lead you and your team to success. It's the promise to consistently deliver value, fostering trust and sustainability.

Customization

Our team will work diligently every step of the way to ensure a white glove customizable experience ensuring our programming fits your industry, your team, and your unique company brand. No company is the same and we pride ourselves in creating the best experience designed for you and your team.

Ownership

Ownership is the embodiment of responsibility and accountability at Rise Up For You. It signifies the proactive embrace of challenges, the willingness to learn from mistakes, and the commitment to driving positive change. We take ownership and empower others to take ownership.

Whole Betterment

True growth is multifaceted. At Rise Up For You, we are committed to the whole betterment of individuals, fostering an environment where people thrive in all aspects of their lives.

Quality

We hold ourselves to rigorous standards, ensuring that every aspect of what we offer reflects precision, authenticity, and effectiveness. From our educational content and training programs to our interactions with individuals, quality is the measure by which we gauge success.

Additional Internal Team Values

Integrity
Growth Mindset
Kindness
Action
Accountability



Why You Should Choose Us

Expertise and Experience:

Rise Up for You has a team of experienced professionals who are well-versed in various areas, including leadership development, communication skills, diversity and inclusion, and career advancement. Each team member holds credentials, post-baccalaureate degrees, and various certifications in the appropriate fields related to soft skills, leadership and organizational development.

Strategic and Sustainable Approach:

Our strategic approach involves meticulous planning, insightful analysis, and a proactive mindset. We constantly evaluate our goals, aligning them with emerging opportunities, and ensuring that every action propels us towards long-term success with you and your team. Our strategic and sustainable approach is not just ideals of “hype” but tangible steps integrated into our everyday actions.

Empowering and Neutral Methods:

We believe in fostering an environment where individuals are empowered to reach their full potential, irrespective of background or position. Our commitment to neutrality ensures fairness and equity in all interactions, promoting a culture that values diversity, inclusivity, and equitable opportunities. Through empowerment and neutrality, we cultivate an atmosphere where every idea is respected, and collective success is the result.

Credible Content and Certification: Rise Up For You is proudly certified through SHRM (Society for Human Resources Management). All content and programming has gone through a rigorous curriculum check to ensure high quality content and education is being delivered on a continuous basis. Every piece of content and certification issued by our organization is a testament to our unwavering dedication to quality and trustworthiness. We understand the responsibility that comes with the dissemination of knowledge, and our commitment to credibility ensures that our clients and partners can rely on us for accurate, unbiased, and science backed information.

Measured Results and Assessments:

We implement rigorous measurement processes and assessments across our endeavors. This commitment to measurement allows us to adapt, evolve, and excel, fostering a culture of continuous improvement where data-driven insights guide our path to sustainable success. This allows for tangible proof that soft skills can and will impact your company and team not only qualitatively but quantitatively.

Diverse Representation: The Rise Up For You team can provide programming in four languages, can relate to all DEI communities due to the diversity of their team, and truly understands the needs of underrepresented communities globally! We truly represent the global workforce.



Transformative Training Programs

- Inside Out: A Deep Dive into Emotional Intelligence
- Rising Leadership: Igniting Change and Inspiring Others
- EmpowerHer: A Blueprint for Women in Leadership
- Mindset Mastery: A Guide to Personal Growth and Success
- Executive Charisma: Public Speaking for Leadership Impact
- Career Confidence 101: Strategies for Success in the Workplace

****Program Mix and Mingle Customization Is available*



Training Program Base Deliverables

Rise Up For You is committed to providing high quality training and coaching that is rooted in today's research and proven best practices. Our team will work diligently every step of the way to ensure a white glove customizable experience ensuring our programming fits your industry, your team, and your unique company brand. No company is the same and we pride ourselves on creating the best experience designed for you and your team.

**** Training programs and partnerships are long form, immersive, and strategic in development for long term success.*

Core Training

- Culture, training, and organizational needs analysis
- Emotional Intelligence 360 assessments for the team
- Monthly consultation and coaching for the lead contact
- Curated and customized content developed based on the client objectives
- Diverse teaching methods that are experiential and stimulating
- Strategic Handbook 168 pages for each participant
- A team of Rise Up For You Trainers handpicked for your team
- Post training reports, assessments, recommendations for program sustainability

Success Membership- 1yr

- 100+ videos and workbooks, Topics Include Public speaking, Career Confidence, Leadership, Time Management and more.
- Curriculum Handbook downloadable for each course plus additional downloadable resources added each quarter.
- LIVE Trainings every month with our global community
 - Each month the Rise Up For You team will go live for members only sharing new content and allowing for Q and A.
- Certificate of Completion once core courses are complete: 36 SHRM PDC's
- Pre and post assessments for your team on Emotional Intelligence, Confidence, and Whole Success
- 1 free coaching session for each team member
- Administrative access to monitor team progress

Accountability Toolbox- 1yr

- Leadership Circle Check-ins every second Monday
- Done for you scripts
 - Program roll out templates
 - LIVE reminder templates
 - Monthly motivation templates for each month
- Accountability Activities e-Book
- Culture Roadmap e-Book
- Performance Review templates
- Motivational Interviewing questions for hiring

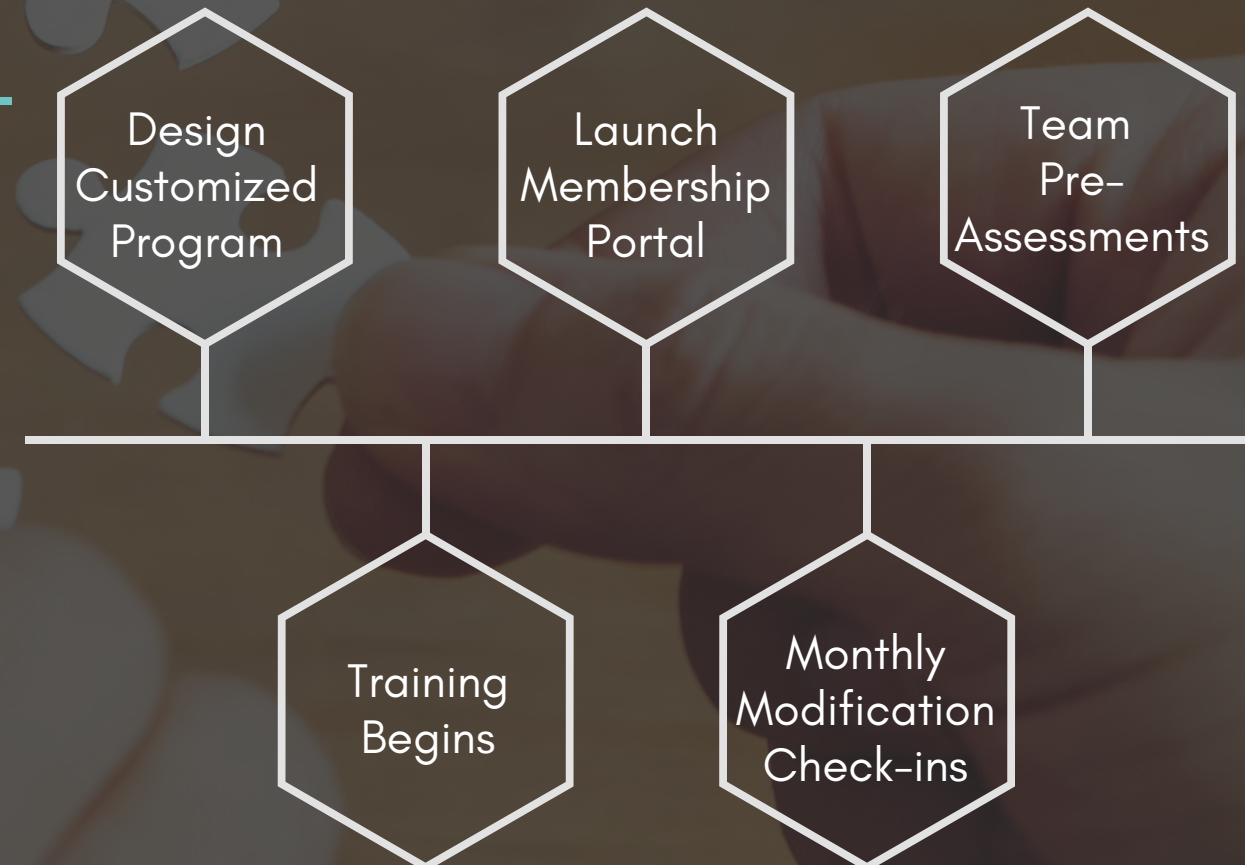


Training Program General Timeline

Phase 1- Contact and Decision Makers



Phase 2- Participants Training Development



Phase 3- Contact and Decision Makers





Additional Services

- 1-1 Coaching
- Ala Carte Development
- Rise Global Success Membership



Coach with Us

Executive Coaching- \$5999 USD

Executive coaching is a **highly personalized and intensive development program that is designed to help senior leaders enhance their skills and performance.** The program is typically conducted in a one-on-one setting and is tailored to the individual needs and goals of the executive.

The coach works closely with the executive to help them identify and overcome any obstacles that may be hindering their performance. This may include developing strategies to improve communication, decision-making, conflict resolution, and other key leadership competencies.

Employee Coaching- \$3999 USD

Team and 1-1 leadership coaching is a service designed to support individuals and teams in developing their leadership and soft skills to enhance their performance. This service involves working with an experienced coach who provides guidance and support to help individuals and teams achieve their goals.

1-1 coaching is focused on the development of individual leaders. The coach works closely with the leader to identify areas for improvement, set goals, and develop strategies to enhance their leadership skills. This may include improving communication, decision-making, conflict resolution, and other key leadership competencies.

Coaching Features

- 12 sessions 1-1 for optimal growth and customization
- RISE assessments to measure your growth in EQ, Employee Confidence and Success
- Full access to the RISE Global Success Membership for 1 yr



Available virtually



12-30 minutes sessions to be used between 3-6 months



Ala Carte Development

Ala Carte Development- 90 mins \$3,999, Half Day \$7,999, Full Day \$13,999 USD

Ala Carte workshops and training retreats are customized programs designed specifically for your team to help them develop new skills, improve collaboration, and enhance overall performance. These programs offer a range of flexible options to choose from, allowing you to tailor the experience to your team's specific needs.

Workshops are typically short-term programs that focus on a specific skill or topic, such as communication, leadership, or conflict resolution. These sessions can range from a few hours to several days and can be delivered in-person or virtually.

The training retreats, on the other hand, are more immersive experiences that typically **take place over a half to several days**. These retreats are designed to allow your team to step away from their everyday work environment and focus solely on the development of new skills, building relationships, and enhancing teamwork.

Overall, Ala Carte workshops and training retreats are an excellent way to invest in the growth and development of your team while getting to know the training and methods of Rise Up For You.

Ala Carte Features

- Training Needs Analysis
- Customized Programming
- Workshop-Style delivery
- Multilingual Trainers
- Resources Provided



Available virtually or In person



Rise Global Membership

Rise Global Membership- \$299 USD per user

Have more than 500 employees? Ask us about our 500+ membership discount

Our membership is your passport to unlocking the intangible powerhouses that define true success – the soft skills.

As a member, you'll have exclusive access to expert-led masterclasses, personalized coaching sessions, and a treasure trove of resources designed to elevate your soft skills game. Whether you're a seasoned professional looking to refine your edge or a budding talent hungry for knowledge, we've crafted an ecosystem where everyone thrives.

Join us, not just to succeed, but to thrive in a world that demands more than just technical know-how. Soft Skills for Success is not just a membership; it's your catalyst for a career and life that transcends expectations. Embrace the power of the intangible, and let success become your second nature.

Membership Features:

- 100+ videos and workbooks, Topics Include Public speaking, Career Confidence, Leadership, Time Management and more.
- Curriculum Handbook downloadable for each course plus additional downloadable resources added each quarter.
- LIVE Trainings every month with our global community
 - Each month the Rise Up For You team will go live for members only sharing new content and allowing for Q and A.
- Certificate of Completion once core courses are complete: 36 SHRM PDC's
- Pre and post assessments for your team on Emotional Intelligence, Confidence, and Whole Success
- 1 free coaching session for each participant



Available virtually



At your own pace, 1 yr



Featured On



Rise Up For You is proudly recognized by SHRM to offer Professional Development Credits (PDCs) for the SHRM-CP® or SHRM-SCP®. All trainings, courses, and coaching programs are fully accredited by SHRM and do provide PDC'S to you and your team.

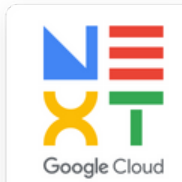


Officially Women Owned Certified Business: Rise Up For You is proudly certified through WBENC the largest third-party certifier of businesses owned, controlled, and operated by women in the United States.





Just a Few of Our Clients





Testimonials

[Click Here for More Testimonials](#)



Too often we see organizations apply a "Cookie-Cutter" solution and only to see them disappear after payment is received. Nada and her team at "Rise Up For You" did an expert job of assessing accurately the needs and providing the best solutions. The follow-up was masterful and sealed the sustainability of what was implemented. I highly recommend taking advantage of the knowledge they have to offer.

— Training Specialist at Don Roberto Jewelers



Rise Up For You has been tremendous for our organization. The honesty and support have helped me be confident in my decision-making and be a more empathetic leader & mentor to my team. I use my experience as a way to help them have self-awareness and grow from there. We are all growing in front of our eyes, together, and it's helping us address the bad stuff we would have typically avoided, which builds trust.

— CEO, Workplace Solutions Borderplex



HIGHLY recommend!! Nada and her team deliver training and coaching in a direct, engaging and energetic way. Curriculum materials are excellent. We invited clients and key stakeholders to a Women in Leadership series in addition to all of our staff. We had such a fabulous response from our guests that we will do a program for men.

— President and COO of Antis Roofing



Their energetic and positive leadership style, helped me maintain a high level of motivation and engagement throughout the program. The Rise Up For You resources and methodology used, provided me, not only with framework I needed to stay in-course throughout the program, but with plentiful ideas to take my business to the next level.

— HR Consultant



Nada and the Rise Up For You Team are splendid communicators who know how to unearth the critical issues in any situation. And then take those issues to action items, gain consensus, and make it happen—her knowledge of leadership and team development in the business arena is unsurpassed. Rise Up For You continues to provide our team with her expertise in professional development, leadership, and emotional intelligence.

— CEO @Thinkbox Technology Group

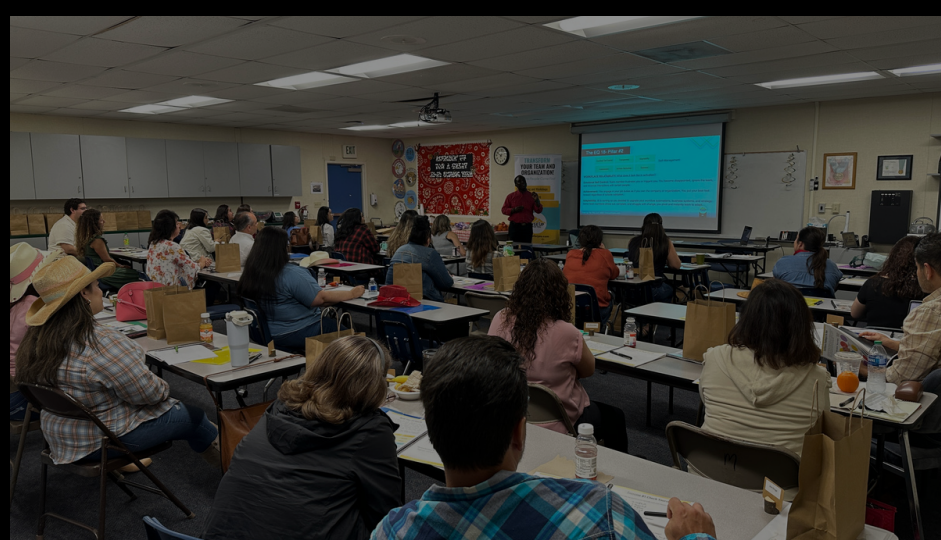
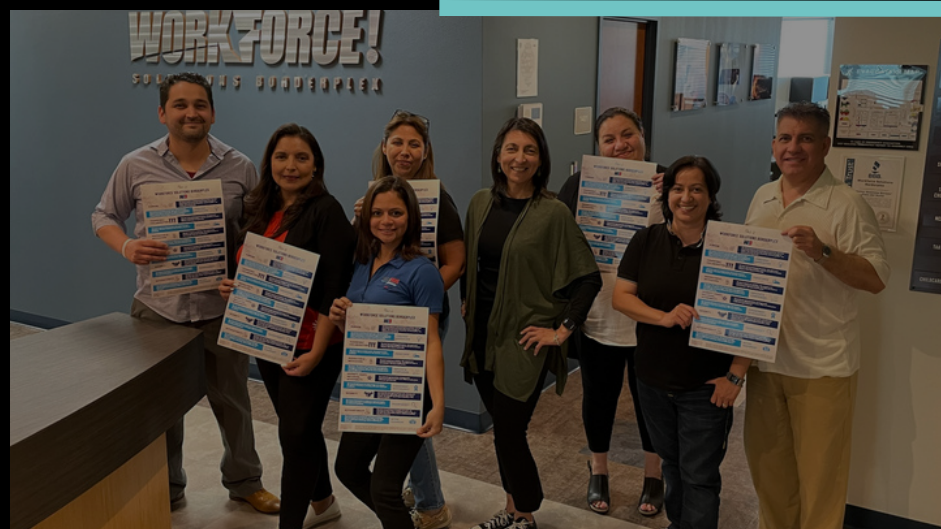


We have been leveraging Rise up for You in monthly hour long developmental programs for our employees. We started this developmental program in December 2021 and as we just have completed our third class, again we are getting good feedback. Nada and Rise up for you are great partners and advocates.

— Diversity, Inclusion & Equity at Sierra Nevada Corporation



Our Team In Action





Contact Us

Follow Us @riseupforyou



riseupforyou.com

USA Headquarters

Las Vegas, Nevada 89129
702-268-9997
info@riseupforyou.com
NLN@riseupforyou.com

Canadian Region

Edmonton, Alberta
780-905-5455
mona@riseupforyou.com

United Arab Emirates Headquarters

Dubai, United Arab Emirates
nnasserdeen@riseupforyou.com