RISE UP FOR YOU

Book of Affirmations

NADA LENA NASSERDEEN

25 Daily Affirmations

- My past is not a reflection of my future.
- Failure is a must in order to achieve success. You can do this!
- Perfection = Prevention.
- I will succeed today.
- Not everyone will like you and that's ok.

RISE UP FOR YOU

Human Impact. Organizational Impact. Global Impact.

25 Daily Affirmations

- My life is a gift and I appreciate everything I have.
- You have complete power and control over your life and attitude.
- I choose not to criticize myself.
- My potential to succeed is limitless.
- I'm in charge of my life and no one will dictate it.

RISE UP FOR YOU

Human Impact. Organizational Impact. Global Impact.

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25 Daily Affirmations

- My contributions to the world are valuable.
- My life is full of amazing opportunities.
- Negative thoughts only have the power I allow them.
- I wake up today with clarity in my mind.
- Many people look up to me and recognize my worth; I am admired.

25 Daily Affirmations

I forgive those who have harmed me in my past and peacefully detach from them.

I am grateful for breath and waking up this morning.

No career or amount of money defines who I am and what I stand for.

I love myself and will continue to step into greatness even when times get touch.

You are what you think, be kind, be loving, and be compassionate towards yourself.

25 Daily Affirmations

- No one has the power to break you. Keep rising.
- You are enough simply because you exist.
- Greatness is out there for you, you deserve it!
- No one has the right to bring you down or disrespect you.
- I will always stand up for myself.

My Daily Affirmations

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